

# Do you want to learn to kayak?



**This is an introductory course designed to show you the basics of paddling, however more experienced paddlers are welcome!**

All equipment is provided.

Where: Westwood Family YMCA

When: January 16-March 13, 2011

Cost: Members: \$0 Non-Members \$80

The course will run for 8 weeks every

**Sunday from 7:00 AM -8:45am**

in the pool with a 30-45 minutes class session after.

**Visit the Member Services desk to register today!**