

JOIN US FOR THE YMCA SUMMER SPLASHDOWN

AUGUST 23-28, 2010

Pancake Breakfast

BBQ

Muffin & Coffee Morning

Freezie Friday

'Totally Beachin' Fitness

Classes

Open Family Swims

Games and Activities

Family Aqua PowerHour

Friday Youth Night

New Member Incentives

...and more!

*Learn more about the YMCA's
involvement in your community:*
YMCA Childcare & Community
Programs staff will be on hand
to offer information on their
programs

SEE YOU THERE!

Call 780-790-YMCA (9622) for details!

SPONSORED IN PART BY:

SOBEYS THICKWOOD

PREMIUM MEATS

GOLDEN YEARS SOCIETY

SAVE-ON FOODS



YMCA

We build strong kids,
strong families, strong communities.